



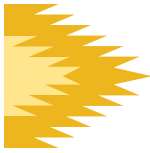
## THE RHYTHMS OF COLOMBIA: PACIFIC TO CARIBBEAN

SEPTEMBER 27-OCTOBER 9, 2018 (12 NIGHTS)

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### Cultural Journeys

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# THE RHYTHMS OF COLOMBIA:

## CALI AND CARTAGENA

Music is one of the most vibrant cultural expressions. And, in Colombia, it is a defining cultural attribute. From the marimba rhythms of the Pacific Coast, the Gaiteros de San Jacinto, the Vallenato and the upbeat rhythms of the Caribbean (champeta and mapale), it is hard to sit still in this country! It is even said, that for a young man from Cali, he has a slim chance at finding a wife, if he does not dance salsa! Come with us on this journey to explore the vibrant, historic, traditional and contemporary sounds and rhythms of Colombia. We'll go to Barranquilla, home of Shakira, and we'll visit her pioneering foundation, "Fundacion Piez Descalzos", dedicated to providing life changing education to young girls of Colombia. We'll dance and ride bikes in this seaside community, just as she and Carlos Vives did in the fantastically fun video "La Bicicleta". Join us on this rhythmic journey and let your body and soul sway to the "Rhythms of Colombia"!



### PROGRAM HIGHLIGHTS

- Travel from the Pacific to the Caribbean to learn about and sway to Colombia's rhythms
- Learn about how music is an integral cultural expression and historic legacy in Colombia
- Enjoy gatherings with Colombia's leading regional, national and international musicians
- Hear the rhythmic sounds of the "Marimba de Palma Chonta" from Pacific Colombia
- Hear the Grammy Award winning "Gaiteros de San Jacinto"
- Learn some dance moves, including salsa, champeta and mapale
- Visit San Basilio Palenque, a singular Afro-Caribbean Community near Cartagena
- Visit Barranquilla, hometown of Shakira and Carlos Vives
- Hear the rhythms of the classic and contemporary "Vallenato"
- Travel to the Islands of San Andres and Providencia to hear Island and Reggae Music.

### LOCATION





## ITINERARY

**Pre Arrival:** Wednesday: Arrive Cali, September 26

**Day 1:**  
**Thursday Sept. 27, Introduction to the History of Salsa Music in Cali (B, L)**

- Breakfast
- City orientation walking tour
- Visit Museum Jairo Varela de Grupo Niche
- Lunch Regional Cuisine
- Visit Casa Latina of Gary Dominguez: History of Salsa Music in Cali
- Return to Hotel to Rest, Relax
- Evening of Salsa Music at the iconic salsa clubs. El Habanero, Saperoco
- Return to Hotel

**Day 2:**  
**Friday, Sept. 28, Introduction: History Salsa Dancing in Cali (B, L)**

- Breakfast
- Visit Famed Swing Latino Dance School
- Salsa Dance Class!
- Lunch of Regional Cuisine
- Visit Salsa Dance School from the “Barrio”,

to see where the young Caleno kids begin their instruction.

- Evening: History of Delirio and Deliro. Learn from Richard Yory, curator of this famed extravaganza that showcases the history of music in Cali. Live orchestra and dancing make for a memorable evening!

**Day 3:**  
**Saturday, Sept. 29, Introduction to the Music of the Afro-Pacific and the Marimba de Palma Chonta, Overnight Cali (B, L)**

- Breakfast and visit to La Alameda Market Foods.
- Craft Store Visit
- Talk/Presentation on the Afro-Pacific Music of Colombia: History, Instruments, Percussion, Marimba and Voice
- Workshop: Percussion and Marimba
- Lunch of Colombian Afro-Pacific Cuisine
- Visit La Loma de la Cruz Craft Market or Return to Hotel (Option)
- Evening of Afro-Pacific at the Casa de la Cultura, featuring the “Marimba de Palma Chonta”. Expect a gathering of Colombia’s

best and famed “marimberos” who play the instrument often called, “The Piano of the Jungle”.

**Day 4:**  
**Sunday, Sept. 30, Transfer to Buenaventura (B, L)**

- Early Breakfast at Hotel
- Transfer to Buenaventura (2.5 hours)
- Musical Welcome Event
- Transfer by Boat to Bahia Malaga
- Lunch at Cabanas Aguadulce at Ladrilleros
- Visit from the indigenous Wounaan communities that live nearby
- Evening of marimba / and “Chirimia” youth group and dinner by the ocean

**Day 5:**  
**Monday, Oct. 1, Buenaventura (B, L)**

- Breakfast at Cabins
- Whale Watching (From July to October) or
- Visit Island for Bird Watching
- Lunch at Café Pacifico for regional cuisine and of course, marimba music!
- Transfer to airport for flight to Barranquilla
- Transfer to Hotel



## ITINERARY

### Day 6:

**Tuesday, Oct. 2, Buenaventura Barranquilla - Cartagena (B):**

- Breakfast
- Visit to Museo del Caribe
- Visit to the "Casa del Carnaval"  
Lunch
- Introduction to the "Vallenato" rhythm, made famous by Carlos Vives
- Visit the Foundation, "Pies Descalzos", established by famed singer "Shakira", to provide an education to young girls of Colombia.
- Transfer to Cartagena
- Welcome cocktail overlooking the Caribbean Ocean at famed, Café del Mar
- Overnight

### Day 7:

**Wednesday, Oct. 3, Cartagena (B, L)**

- Breakfast at Hotel
- City Tour, Gold Museum and other Highlights (Zenu Culture Past and Present)
- Ceviche Lunch

- Introduction to Rhythms of the Caribbean
- Free time in Cartagena
- Evening of Music and Dance Clubs: Cumbia, Champeta, Mapale
- Overnight Cartagena

### Day 8:

**Thursday, Oct., 4, San Jacinto, Gaitero de San Jacinto (1.5) and San Basilio Palenque, Overnight Cartagena (B, L)**

- Breakfast at Hotel
- Visit the Grammy Award Winners "Gaiteros de San Jacinto"
- Lunch
- Spend time San Basilio Palenque, visit famed musicians of this singular community of Cimarron runaway slaves (get more information on this)
- Overnight Cartagena

### Day 9:

**Friday, Oct., 5, Cartagena - San Andres - Reggae! (B, L)**

- Breakfast and depart to airport for flight to

- San Andres (10:30 a.m.)
- Lunch
- Evening of Reggae music!
- Dinner and Overnight

### Day 10:

**Saturday, Oct. 6, San Andres to Providencia (B, L)**

- Early departure (7:30 a.m. to Providencia)
- Day with Elgin Robinson, the regions Jack Johnson!
- Dinner and Overnight

### Day 11:

**Sunday, Oct., 7, Providencia - San Andres - Cartagena - Overnight Cartagena (B)**

- Breakfast
- Flights back to Cartagena
- Overnight

### Day 11:

**Monday, Oct. 8, Return Flights Home**